Coverage for: Individual & Family | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-800-528-1530. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.mybenemax.com</u> keyword: **BMAX** or call 1-800-528-1530 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$2,800 member / \$5,600 family innetwork; \$5,800 member / \$6,550 family out-of-network	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your deductible?	Yes. In-network prenatal care, certain value drugs, preventive drugs; preventive care.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a> .
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the out-of- pocket limit for this plan?	\$6,750 member / \$13,500 family innetwork; \$7,500 member / \$15,000 family out-of-network	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balanced-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <u>Bluecrossma.com/findadoctor</u> or call the member service number on your ID card for a list of <u>network providers</u> .	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Network Provider (You will pay the least)	u Will Pay Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health	Primary care visit to treat an injury or illness	No charge	20% <u>coinsurance</u>	Deductible applies first; family or general practitioner, internist, OB/GYN physician, pediatrician, geriatric specialist, nurse midwife, limited services clinic multi-specialty provider group or by a physician assistant or nurse practitioner designated as primary care; innetwork cost share waived for the first two diabetic PCP and / or specialist visits per calendar year.
If you visit a health care provider's office or clinic	Specialist visit	No charge	20% coinsurance / visit; 20% coinsurance / chiropractor & acupuncture visit	Deductible applies first; includes physician assistant or nurse practitioner designated as specialty care; in-network cost share waived for the first two diabetic PCP and / or specialty visits per calendar year; limited to 12 acupuncture visits per calendar year.
	Preventive care/screening/immunization	No charge; <u>deductible</u> does not apply	20% <u>coinsurance;</u> <u>deductible</u> does not apply	Limited to age-based schedule and / or frequency. You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	No charge	20% coinsurance	<u>Deductible</u> applies first; <u>copayment</u> applies per category of test / day; <u>preauthorization</u> may be required.
If you have a test	Imaging (CT/PET scans, MRIs)	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first; <u>copayment</u> applies per category of test / day; <u>preauthorization</u> may be required.

<sup>\*</sup> For more information about limitations and exceptions, see the plan or policy document at <a href="www.mybenemax.com">www.mybenemax.com</a> keyword: **BMAX** 

Common Medical Event	Services You May Need	What You Network Provider (You will pay the least)	u Will Pay Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need drugs to treat your illness or condition	Generic drugs	No charge	\$70 / retail supply for low- cost generic drugs or \$100 / retail supply for other generic drugs and all charges for mail service	Deductible applies first; except for in-network for in-network preventive drugs and certain value drugs; up to 30-day retail (90-day mail service) supply; cost share may be waived for certain covered drugs and supplies; preauthorization required for certain drugs
More information about prescription drug	Preferred brand drugs	No charge	\$350 / retail supply and all charges for mail services	
coverage is available at www.bluecrossma.com/medications	Non-preferred brand drugs	No charge	\$500 / retail supply and all charges for mail service	
	Specialty drugs	No charge	Not covered	Deductible applies first; when obtained from a designated specialty pharmacy; preauthorization require for certain drugs.
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	No charge	20% coinsurance	Deductible applies first
surgery	Physician/surgeon fees	No charge	20% coinsurance	Deductible applies first
If you need immediate medical attention	Emergency room care	\$150 / visit	\$150 / visit	In-network <u>deductible</u> applies first for in- network and out-of-network services; <u>copayment</u> waived if admitted or for observation stay.
medical attention	Emergency medical transportation	No charge	No charge	In-network <u>deductible</u> applies first for in- network and out-of-network services
	<u>Urgent care</u>	No charge	20% coinsurance	Deductible applies first
If you have a hospital	Facility fee (e.g., hospital room)	No charge	20% coinsurance	<u>Deductible</u> applies first; <u>preauthorization</u> required.
stay	Physician/surgeon fees	No charge	20% coinsurance	<u>Deductible</u> applies first; <u>preauthorization</u> required.
If you need mental health, behavioral	Outpatient services	No charge	20% coinsurance	<u>Deductible</u> applies first; <u>preauthorization</u> required for certain services
health, or substance abuse services	Inpatient services	No charge	20% coinsurance	<u>Deductible</u> applies first; <u>preauthorization</u> required for certain services
	Office visits	No charge	20% coinsurance	Deductible applies first except for in-network
If you are pregnant	Childbirth/delivery professional services	No charge	20% coinsurance	prenatal care; cost sharing does not apply for in-network preventive services; maternity care

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Common	Services You May Need	What You Will Pay Network Provider Out-of-Network Provider		Limitations, Exceptions, & Other Important
Medical Event		(You will pay the least)	(You will pay the most)	Information
	Childbirth/delivery facility services	No charge	20% coinsurance	may include tests and services described elsewhere in the SBC (i.e. ultrasound)
	Home health care	No charge	20% coinsurance	<u>Deductible</u> applies first; <u>preauthorization</u> required.
	Rehabilitation services	No charge	\$20 copay / visit; then 20% coinsurance	Deductible applies first; limited to 60 visits per calendar year (other than for autism, home health care, and speech therapy)
If you need help recovering or have other special health needs	Habilitation services	No charge	20% <u>coinsurance</u>	<u>Deductible</u> applies first; limited to 60 visits per calendar year (other than for autism, <u>home</u> <u>health care</u> , and speech therapy); coverage limits waived for early intervention services for eligible children; <u>preauthorization</u> may be required for certain services.
	Skilled nursing care	No charge	20% coinsurance	<u>Deductible</u> applies first; limited to 100 days per calendar year; <u>preauthorization</u> required.
	Durable medical equipment	20% coinsurance	40% coinsurance	Deductible applies first; in-network cost share waived for one breast pump per birth (20% coinsurance for out-of-network)
	Hospice services	No charge	20% coinsurance	<u>Deductible</u> applies first; <u>preauthorization</u> required for certain services.
	Children's eye exam	No charge; <u>deductible</u> does not apply	20% <u>coinsurance;</u> <u>deductible</u> does not apply	Limited to one exam every 12 months until the end of the month a member turns age 19.
If your child needs dental or eye care	Children's glasses	35% <u>coinsurance</u>	55% <u>coinsurance</u>	<u>Deductible</u> applies first; limited to one set of prescription lenses and / or frames or contact lenses per calendar year until the end of the month a member turns age 19.
	Children's dental check-up	No charge; deductible does not apply	20% <u>coinsurance;</u> deductible does not apply	Limited to twice per calendar year until he the end of the moth a member turns age 19.

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#### **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental care (adult)

Long-term care

Private-duty nursing

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Abortion
- Acupuncture
- Bariatric surgery
- Chiropractic care
- Hearing aids (\$2,000 per ear every 36 months for members age 21 or younger)
- Infertility treatment
- Non-emergency care when traveling outside the US.
- Routine eye care adult (one exam every 24 months)
- Routine Foot Care (only for patients with systemic circulatory disease)
- Weight Loss Programs (\$150 per calendar year per policy)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the Massachusetts Division of Insurance at 1-877-563-4467 or <a href="https://www.mass.gov/doi">www.mass.gov/doi</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="https://marketplace">Marketplace</a>. For more information about the <a href="https://marketplace">Marketplace</a>, visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: The Office of Patient Protection at 1-800-436-7757.

## Does this plan provide Minimum Essential Coverage? [Yes]

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? [Yes]

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

## **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-262-2583 TTY 711]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-262-2583 TTY 711.]

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-800-262-2583 TTY 711.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-262-2583 TTY 711.]

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## **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

## Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$2,800
■ Delivery fee copay	\$0
■ Facility fee copay	\$0
■ Diagnostic tests copay	\$0

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

**Total Example Cost** 

In this example, Peg would pay:		
Cost Sharing		
Deductibles	\$2,800	
Copayments	\$0	
Coinsurance	\$0	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$2,860	

# **Managing Joe's type 2 Diabetes**

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$2,80
■ Specialist visit copay	\$0
■ Primary care visit copay	\$0
■ Diagnostic tests copay	\$0

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

**Total Example Cost** 

\$12,713

Durable medical equipment (glucose meter)

In this example, Joe would pay:		
Cost Sharing		
Deductibles	\$2,800	
Copayments	\$0	
Coinsurance	\$0	

The total Joe would pay is	\$2,855
Limits or exclusions	\$55
What isn't covered	
Coinsurance	\$0
Copayments	ΦО

## **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$2,800
■ Specialist visit copay	\$0
■ Emergency room copay	\$150
■ Ambulance services copay	\$0

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

\$7,389

Durable medical equipment (crutches)
Rehabilitation services (physical therapy)

Total Example Cost	\$1,925

### In this example, Mia would pay:

Cost Sharing		
\$1,925		
\$0		
\$0		
\$0		
\$1,925		