





Save money and live healthier with member discounts



Membership has its benefits

Blue Cross Blue Shield of Michigan and Blue Care Network members can score big savings on a variety of healthy products and services from businesses in Michigan and across the United States. Show your Blues ID card at participating retailers or type in the offer code online to take advantage of the discounts.

Visit **bcbsm.com/xtras** to access over \$7,000 in available savings offers on everything from gym memberships to groceries.

Cash in on discounts

We've got plenty of deals to keep you and your family healthy.

Healthy Blue XtrasSM offers Michigan-based and online deals, including:

- Food and nutrition: Local grocery stores for nutritious meals
- · Health and fitness: Gym memberships, classes and consultations
- Recreation: Family activities and outings like golf, skiing and kayaking

Healthy Blue Xtras also offers online **Daily Coupons** that will help you save every time you shop. Coupons include over \$90 in savings and are updated every day. Go to **bcbsm.com/xtras** and click *Daily Coupons* to find deals for brand-name healthy products. Click on the coupons you want, print them out* and redeem them at your local retailer.

Blue365® offers national health and wellness discounts, including:

- Weekly deals on products and services like hearing aids, fitness gear and nutrition resources
- Access to \$25 per month gym memberships through Healthways[™] Fitness Your Way, offering discounts at more than 9,000 gyms, including LA Fitness, Snap Fitness and many more^{**}
- Discounts on LASIK and eye care services

*You'll need to download the Coupon Printer software the first time you print coupons.

**A \$25 enrollment fee and a three month commitment is required.





Visit bcbsm.com/xtras for more information. Check back often for new deals!



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Healthy Blue Xtras may not be available to all members. HBX offers access to savings on items that members may purchase directly from independent vendors, which are different from items that are covered under health plan policies with Blue Cross Blue Shield of Michigan, its contracts with Medicare, or any other applicable federal health care program. Neither Blue Cross Blue Shield of Michigan nor the Blue Cross and Blue Shield Association recommends, endorses, warrants or guarantees any specific Healthy Blue Xtras vendor or item. The Blue Cross and Blue Shield Association is an association of independent, locally operated Blue Cross and Blue Shield Plans.